



The Contemplative Writer: Loving God through Christian Spirituality, Meditation, Daily Prayer, and Writing

Ed Czerwski

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Writing thrives when our minds are at rest, our attention focused, and our souls receive care. The Contemplative Writer helps Christians writers tap into their rich contemplative prayer tradition that includes meditation on scripture, spirituality practices, centering prayer, and fixed hour prayer (such as morning prayer and evening prayer). These practices offer a deeper connection with God's love and a peaceful foundation for their creative callings. Those who minister through writing will thrive with the guidance provided by Christian spirituality and reflective Bible reading.

The Contemplative Writer offers 10 simple practices every writer of faith can learn for daily prayer that cover the basics of Christian spirituality, such as how to pray, how to pray more often, and how to find peace with God. Chapters include topics such as:

- Praying the Hours
- Centering Prayer
- Imaginative Bible Study
- Finding God in Silence
- Self-Reflection with the Examen

This book builds on Ed Cyzewski's previous books *Pray, Write, Grow: Cultivating Prayer and Writing Together* and *Write without Crushing Your Soul* by providing direction and application for contemplative prayer that any follower of Jesus can put into practice.

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