



Psycho-social Career Meta-capacities: Dynamics of contemporary career development

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This book introduces a coherent perspective on the self-regulatory career meta-capacities that individuals, as career agents, need to successfully manage their career development in a boundaryless occupational world. Enriched by empirical data and case studies by subject specialists in the fields, it serves as a cutting-edge benchmark for specialists, professionals and post-graduate students in the careers field to study. This book allows an in-depth view of the most recent research trends on the critical psycho-social constructs influencing the adaptation, adaptivity, adaptability and employability of individuals in a turbulent, uncertain and chaotic work world. In addition, it offers the practising professional new perspectives of career constructs and measures to consider in career counseling and guidance for the contemporary career.

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