



# **Wheat Belly: Wheat Belly Cookbook - 33 Delicious Recipes For Quick And Easy Weight Loss And Amazing Health! (Wheat Belly Slow Cooker, Gluten Free)**

*Anna Rivera*

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*Anna Rivera*

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## **Wheat Belly**

### **Wheat Belly Cookbook - 33 Delicious Recipes For Quick And Easy Weight Loss And Amazing Health!**

The “Wheat Belly: Wheat Belly Cookbook - 33 Delicious Recipes for Quick and Easy Weight Loss and Amazing Health” designed for the people who are following the wheat-free recipes. The recipes are prepared on the basis of the wheat belly diet. You can confidently use this cookbook because all the ingredients are given without gluten and sodium.

Make sure to use natural products to make your regular meals. There is no need to worry for breakfast, lunch and soups. The recipes given in this book can make every meal delicious and full of fun. The book has 33 recipes and these all are for wheat belly dieters. You can make your menu and plan your regular meals. These food items are equally good to try in parties. Carefully follow the instructions to get maximum advantage of this lifestyle.

#### **This book will offer:**

- Wheat Belly Breakfast Recipes
- Wheat Belly Lunch Recipes
- Wheat Belly Dinner Recipes
- Wheat Belly Desserts and Snacks
- Wheat Belly Special Smoothies

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