



Secret Regrets Volume 2: Moving Past Your Past

Kevin Hansen

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New in the bestselling Secret Regrets book series featured on Dr. Phil, Psychology Today and CNN. "Secret Regrets Volume 2: Moving Past Your Past" includes hundreds of the most shocking, heartfelt and inspiring regrets from real, everyday people – just like you. This follow-up to the bestselling “Secret Regrets Volume 1: What if you had a Second Chance?” dives deeper into the secret regrets many of us have. It also sheds more light on how real people have learned to move past their past – and how you can too. By immersing yourself in the highly addictive regret-to-redemption stories of others included in this book, you too can experience the true freedom and relief that comes from no longer being chained to the regrets of your past.

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