



Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way

Rick Woods

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Make Room for Clarity takes you through the journey of how and why people accumulate so much stuff. Reading it will help you understand the wants and desires that fuel our buying, the reasons why people continue to buy beyond their needs, and why it's so hard to let go of stuff even when we don't want or use it.

Rick Woods reminds us that when our possessions don't contribute to our lives or lifestyles, they are filling up the space between us and the life we could be living. His book invites us to make room for clarity in our lives by following the clear, concise, and realistic suggestions for de-cluttering and letting go without feeling guilty.

With each step, you will be creating space in your home—and your life. The end result will be items you feel good around, possessions that serve you while meeting your needs, things you're happy to have other people see, and a home that makes your heart sing.

Each Chapter weaves us through "The Stuff Cycle", using practical, easy to follow exercises which teach us how to remove the clutter that is getting in our way.

Want: This is the "seed" of clutter, and it is easily influenced by the exterior forces around us. Still, we make the decisions. If we continue to make choices based on our wants and desires, unchecked, we will end up owning more stuff than we need or use.

Own: This is the "birth" of clutter. Ownership feels good, but sometimes gets confused with the idea that owning more will feel better. Unfortunately, the more we buy, the more likely our stuff is to own us.

Use: This is the "presence" of clutter. If we aren't using it, it's just there. The question is, "Have we used it within a reasonable amount of time?" We all know the answer to this question. We just have to be honest with ourselves.

Keep: This is the "growth" of clutter. The longer we continue to keep things we no longer want, need, or use in our homes, the more the clutter builds up. The result is stress, stress, and more stress.

Store: This is the “hoarding” of clutter. Everything needs a home—in our home. If we don’t take the initiative to store our stuff, it’s all around us, overstuffing our homes.

Remove: This is the “path” to clarity. The more you remove the stuff that no longer serves a purpose in your home or your life, the closer you will be to having a home and a life filled with clarity.

Looking to remove the overwhelm and stress caused by the volume of stuff that has accumulated in your home?

Take back your life now and make room for clarity today!

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From reader reviews:

Catherine Browning:

This Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way book is just not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is definitely information inside this guide incredible fresh, you will get details which is getting deeper a person read a lot of information you will get. This particular Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way without we comprehend teach the one who reading it become critical in contemplating and analyzing. Don't be worry Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way can bring when you are and not make your tote space or bookshelves' grow to be full because you can have it in your lovely laptop even phone. This Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way having great arrangement in word as well as layout, so you will not sense uninterested in reading.

Tonya Deschamps:

Reading a reserve tends to be new life style with this era globalization. With studying you can get a lot of information that could give you benefit in your life. Along with book everyone in this world may share their idea. Textbooks can also inspire a lot of people. Many author can inspire their very own reader with their story or maybe their experience. Not only situation that share in the guides. But also they write about the knowledge about something that you need illustration. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors these days always try to improve their ability in writing, they also doing some study before they write to the book. One of them is this Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way.

Richard Swisher:

In this particular era which is the greater particular person or who has ability in doing something more are more precious than other. Do you want to become among it? It is just simple approach to have that. What you have to do is just spending your time not very much but quite enough to experience a look at some books. On the list of books in the top listing in your reading list will be Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way. This book that is certainly qualified as The Hungry Mountains can get you closer in turning out to be precious person. By looking up and review this e-book you can get many advantages.

Walter Burchett:

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we know that on this era, many ways to get whatever we really wish for. Likewise word says, many ways to reach Chinese's country. Therefore this Make Room for Clarity: Getting Rid of the Clutter that Gets in Your Way can make you really feel more interested to read.

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