



# Love's Manifesto: The Courage to Let Your Heart Lead the Way

*Andrew Harvey, Marianne Williamson*

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## Two Visionaries of Engaged Spirituality on How to Embody and Act on the Power of Love

"Love is both the supreme mystery and greatest power in the universe," reflect Andrew Harvey and Marianne Williamson. And it is our purpose to discover it, embrace it, embody it, and to put it into sacred action. When we shed the layers that separate us from our divine nature, we meet love. But how do we begin that process?

With *Love's Manifesto*, Williamson and Harvey join forces to explore the nature of universal love, to help us discover it within ourselves and encourage it in others. In alternating sessions, these two luminary teachers first show us how to heal the wounds of the past and nurture self-compassion at the felt level of the body. From this foundation, we learn how this sacred force awakens our creativity, clarity of vision, and empathy?to enrich our relationships, invite inner and outer abundance, and create a shift in the world.

Rumi wrote: "Each moment, from all sides, rushes to us the call of love." But humanity today impels us toward fear, tribalism, aggression, and fundamentalism. So what can we do? "We ground ourselves in the very real experience of universal love, and then express it through compassion and justice."

Filled with a wealth of meditations, prayers, practices, and insights, *Love's Manifesto* shows us how to shift into this new paradigm, experience love fully in all its forms, and become co-creators at the side of the divine.

### Highlights

- The great mystery of love
- What love can do
- Our true self is love
- Love and its shadow
- Living love
- Love in action
- Our journey to enlightenment
- Sacred activism

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