



Ketogenic Diet: Fat Bombs: 33 High Fat, Nutritious Low Carb Dessert Recipes for Weight Loss

Kylie Young

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Are you struggling with sticking to your ketogenic diet because of your sweet tooth? Do you feel left out on holidays or at picnics or other gatherings because you have to forgo dessert? If so, this book, *Ketogenic Diet: Fat Bombs* is perfect for you! Not only do you have permission on your keto diet to eat these delicious treats, but you will learn why they're actually good for you and why you should be eating them.

I've created and tested 33 high-fat, low-carb, delicious keto-diet-approved dessert recipes! Some of them are so decadent that your friends and family won't even be able to tell they are low carb.

Here's a quick look at some of the desserts we're going to be making:

- Tarts
- Pies
- Cookies
- Cheesecake
- Cakes
- Truffles
- Ice Cream

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Mildred Miller:

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Kathleen Owen:

A lot of people always spent all their free time to vacation or maybe go to the outside with them family members or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity that's look different you can read a book. It is really fun in your case. If you enjoy the book which you read you can spent the whole day to reading a book. The book Ketogenic Diet: Fat Bombs: 33 High Fat, Nutritious Low Carb Dessert Recipes for Weight Loss it is rather good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. When you did not have enough space bringing this book you can buy the e-book. You can m0ore easily to read this book from your smart phone. The price is not too expensive but this book offers high quality.

Jocelyn Harper:

People live in this new moment of lifestyle always attempt to and must have the spare time or they will get lots of stress from both day to day life and work. So , once we ask do people have spare time, we will say absolutely of course. People is human not just a robot. Then we ask again, what kind of activity do you possess when the spare time coming to a person of course your answer can unlimited right. Then ever try this one, reading guides. It can be your alternative throughout spending your spare time, the actual book you have read is definitely Ketogenic Diet: Fat Bombs: 33 High Fat, Nutritious Low Carb Dessert Recipes for Weight Loss.

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