



Dare To Connect: How to create confidence, trust and loving relationships

Susan Jeffers

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We all want to be loved by our partners and to have good relationships with friends and colleagues, but we don't always know how to make that special sense of connection happen. Susan gives us the insights and tools we need to create a sense of belonging everywhere we go. This book is for everyone who has ever asked: Why do I feel so nervous when I walk into a room full of strangers? Why do I feel lonely, even though I'm surrounded by people? Why do I feel so alienated from my husband/wife/lover? Why is it so hard to approach the person I am most interested in meeting? With wisdom and humor, Susan Jeffers shows you how to enjoy the wonderful relationships you deserve.

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