



The Vegetarian Student Cookbook: Great Grub for the Hungry and the Broke

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You might think that dinner's sorted if there's a burrito or a pizza in the freezer, but sometimes you crave a proper meal-just like you'd get back home-even if you're not majoring in culinary arts.*The Vegetarian Student Cookbook* will get you through your studies and become more valuable to you than any textbook. You won't need lots of kitchen gadgets, hours in front of the stovetop, or a loan to make these recipes-they are all easy and cheap and designed to satisfy. Start with Kitchen Know-how: which essentials to stock up on so that you always have the foundation of a simple meal; tips on key equipment to buy; simple rules of food hygiene; and no-fuss tips for throwing together ingredients, no matter how little is lurking in your kitchen. When you're having a late-night essay crisis and you turn to the refrigerator for salvation,*The Vegetarian Student Cookbook* will come to the rescue with quick, stress-free Snacks & Sides. Chapters on Salads, Easy Meals, Pasta, and include everything you could possibly want in your repertoire: mac n' cheese, panini, stir-fries, vegetable bakes, risottos, and lots more. Master the recipes in Food to Impress and you're sure to win friends. Finally, when there's no chocolate in the house and you need to satisfy a sweet

craving, turn to Desserts and indulge in Chocolate Cake and Poached Pears.

- The follow-up to the bestselling *The Student Cookbook*.
- More than 160 easy recipes to inspire students to cook and eat good food.

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