



# **My Children's Children: Raising Young Citizens in the Age of Columbine**

*Robert A. Saul MD*

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MY CHILDREN'S CHILDREN was conceived after the Columbine High School shootings in Littleton, Colorado in 1999. Initially started as a series of op-ed articles for the local newspaper, this work has evolved into a parental guide for raising children to be good citizens. Saul envisions that good citizens care for one another and their community—the hallmark of a democratic society. MY CHILDREN'S CHILDREN is not just another parenting book. Based on the paradigm of Five Steps to Community Improvement, this book provides a series of tangible examples (sometime whimsical) for parents of all ages to consider raising their children, nurturing their grandchildren, and advocating for all children. "Bob Saul began his pediatric training with us at Duke and from those initial years onward has unceasingly demonstrated his lifelong passion for children and their families. The principles of the Five Steps to Community Improvement exemplify his commitment to exploit the experiences of his life and pediatric career to advocate tangible ways for parents to raise their children with the goal of outstanding citizenship. MY CHILDREN'S CHILDREN provides a unique and hopefully lasting approach to both parenting and community involvement." Samuel L. Katz, M.D., D.Sc.(hon.), Wilburt Cornell Davison Professor & Chairman emeritus, Department of Pediatrics, Duke University School of Medicine. "MY CHILDREN'S CHILDREN demonstrates Dr. Saul's commitment to improving the health of all children, especially those at high risk for various problems. I am impressed by his commitment to make a real difference in the lives of children and the communities of South Carolina and beyond. He recognizes the multiple factors that contribute to the health and well being of children and their families. This book makes substantial contributions toward promoting an holistic approach to childhood education and should have a lasting impact in future community improvement efforts. It gives us a clear road map for raising good citizens—a great need in our country today." Richard Riley, former Governor of South Carolina and the former US Secretary of Education "Dr. Saul is a deeply committed member of the American Academy of Pediatrics, which represents 60,000 pediatricians dedicated to the health, safety and well being of infants, children, adolescents and young adults. His book presents his perspective toward raising children to be productive citizens who make significant contributions to their communities. MY CHILDREN'S CHILDREN reflects his work and thinking over his career and especially the last 15 years. This helpful book serves to remind parents and children's professionals alike that the work of caring for children and the work of improving communities requires the continuing and collaborative work of many. This book will serve our children and families well." James Perrin, MD, Professor of Pediatrics at Harvard Medical School and former director of the Division of General Pediatrics at the MassGeneral Hospital for Children.

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