



# Adult Coloring Journal: Anxiety (Floral Illustrations, Le Fleur)

*Courtney Wegner*

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## **Adult Coloring Journal: Anxiety (Floral Illustrations, Le Fleur)** Courtney Wegner

Clinical Therapist, Courtney Wegner has carefully selected the illustrations and prompts in this interactive adult coloring journal for their meditative power to enhance your journaling experience and aid in your journey of self-discovery and path to happiness. Features include: 80 lightly-lined writing pages provide plenty room to capture your thoughts 40 expression pages for jotting down personal reflections, quotes, poems or sketches 40 professionally illustrated adult coloring images of varying difficulty High quality 70# paper Each topic is available in different coloring image themes and a wide array of beautiful covers.

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#### **Joyce Francois:**

The book untitled Adult Coloring Journal: Anxiety (Floral Illustrations, Le Fleur) contain a lot of information on this. The writer explains the woman idea with easy way. The language is very clear to see all the people, so do not really worry, you can easy to read the item. The book was authored by famous author. The author provides you in the new period of literary works. It is possible to read this book because you can keep reading your smart phone, or product, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can available their official web-site and also order it. Have a nice go through.

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