



# **Keeping Hope - Favourite Prayers for Modern Living: Selected Inspirational Prayers from World-Renowned Theologian Michel Quoist**

*Michel Quoist*

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**Prayers from Michel Quoist, the multi-million bestselling publishing phenomenon, available for the first time as an ebook**

The prayers of Michel Quoist are not prayers in the usual sense, but meditations on life. Beginning with seemingly ordinary events, suddenly the light of faith is thrown on some part of our ordinary, everyday existence. Set against the roads, offices and high-rise buildings that frame our modern world, this collection of practical prayers and meditations penetrates the heart of human experience.

Rooted in the modern world and in the thoughts and feelings that define our everyday experience, they celebrate our small victories and offer support as we struggle with universal themes – among them self-acceptance, loneliness, despair, ageing, loss and grief. Quoist's prayers encourage us to celebrate and harness the tools and talents we have at our disposal to make the best of what we have.

## Editorial Reviews

'His greatest strength is that he shows humanity as an asset rather than a liability.' *The Catholic Herald*

'To those long familiar with Quoist's writing – and those who are new to him – this book may prove a landmark in the spiritual lives of many in a new century and a new millennium.' Peter Costello, *The Irish Catholic*

'Michel Quoist sold millions of books in 27 different languages because of that ability to make prayer possible for the less contemplative among us.' Fr Brian D'Arcy, *Sunday World*

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