Five Year Journal: Self Discovery in One Question a Day!

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Five Year Journal: Self-Discovery in One Question a Day is an interactive guided journal, designed to fit into your active lifestyle and provide a space to record your memories and thoughts. It's a space to gather those special moments or memorable events that happen in your life on a daily basis. Filled with daily questions and prompts, this five-year memory journal will guide you on your self-discovery journey and afford you the opportunity to reflect on the moments of your life you might otherwise have forgotten or to revisit moments that changed your life in profound ways. One question a day is all it takes to begin your self-discovery journey. • 5-Year Journal • Question For Every Day • Only The First Two Digits of The Year Are Printed • Includes Over 365 Pages • Journal measures 8.5 by 11 inches • Each Date of The Year Has Multiple Entries on One Page. As You Write in The Journal, You Can See Exactly What You Wrote in Other Years on That Exact Date.

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