



Dealing With Depression: Daily Devotions

C.L. Griffin

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Dealing With Depression: Daily Devotions C.L. Griffin

A selection of uplifting and inspirational bible devotions from personal life experiences geared towards people who suffer from depression. This book can help with our daily walk in Christ for 30 days. The daily devotions are encouraging, enlightening, and uplifting. Lessons for our everyday life and spiritual food for our walk with Christ. Faith or a lack of, doubt, confusion, depression, anger and feelings of rejection: all these are attacks on the believer. If readers suffer from depression, negativity or discouragement, they can take heart and begin to rejoice while reading this book. The author shows readers how to change their lives by showing them how to have their faith increased. C.L. Griffin writes how you can deal with thousands of thoughts that people think everyday and of how to focus the mind the way God intends us to think. And she shares the trials, failures, and ultimate victories from her own life. She shares life-transforming truths--and reveals her thoughts and feelings every step of the way. If you are depressed right now then this is the book for you.

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