



Evidence-based Approaches to Sexuality Education: A Global Perspective (Textbooks in Family Studies)

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This is the first book to provide a multidisciplinary and global overview of *evidence-based* sexuality education (SE) programs and practices. Readers are introduced to the fundamentals of creating effective programs to prepare them to design new or implement existing programs that promote healthy sexual attitudes and relationships. Noted contributors from various disciplines critically evaluate *evidence-based* programs from around the globe and through the lifespan. Examples and discussion questions encourage application of the material. Guidance for those who wish to design, implement, and evaluate SE programs in various social contexts is provided. Each chapter follows a consistent structure so readers can easily compare programs: Learning Goals; Introduction; Conclusion; Key Points; Discussion Questions; and Additional Resources. The editor taught human sexuality and family life education courses for years. This book reviews the key information that his students needed to become competent professionals.

Highlights of the book's coverage include:

- Interdisciplinary, comprehensive summary of *evidence-based* SE programs in one volume.
- Prepares readers for professional practice as a Certified Family Life Educator (CFLE) or sex educator by highlighting the fundamentals of developing and implementing SE programs.
- Exposes readers to evidence-based SE programs from various social contexts including families, schools, communities, and religious institutions.
- Considers the developmental context of SE across the lifespan along with programs for LGBT individuals and persons with disabilities.
- Critically reviews SE programs from around the world including the US, Europe, Asia, Africa, Latin America, and other developing countries.

The book opens with an historical overview. Part I focus on general frameworks of sexuality education including UNESCO's International Technical Guidelines. How to develop, deliver, and implement evidence based SE programs, including ethical concerns, are explored in Part II. Part III exposes readers to evidence-based programs in various social contexts--families, schools, communities, and religious institutions. Part IV considers the developmental context of SE from early childhood through adolescence and adulthood along with programs for LGBT individuals and persons with disabilities. Part V examines diverse global contexts from the US, Latin America, Europe, Asia, Africa, and other developing countries. The book concludes with future trends and directions.

Ideal for graduate or advanced undergraduate courses in sex education, sexual health, human sexuality, sex or marriage counseling, intimate relationships, family life education, or home, school, and community services taught in human development and family studies, psychology, social work, health education, nursing, education, and religion, and in seminars and family clinics, the book also serves as a resource for practitioners, counselors, researchers, clergy members, and policy makers interested in evidence based SE programs, or those seeking to become CFLEs or sexuality educators.

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