



Move, Play, and Learn with Smart Steps: Sequenced Activities to Build the Body and the Brain (Birth to Age 7)

Gill Connell, Cheryl McCarthy, Wendy Pirie M.H.Sc.

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Build the body-brain connection with step-by-step activities that help children develop physical, cognitive, social, and emotional foundations for early learning and school readiness. Early childhood educators will find clear information on creating the move-to learn environment, managing safety, and optimizing the connections between language development, movement, and readiness for formal learning. An observational tool lets teachers pinpoint children's specific developmental stages and assess progress. The easy-to-follow, full-color format includes diagrams and photos along with teaching tips to advance and automate children's foundational physical capabilities while providing incremental challenge. Grounded in best practices and current research, *Move, Play, and Learn with Smart Steps* is both a hands-on resource for any classroom teacher, care provider, or parent and an ideal tool for coaches, mentors, and professional development trainers. Digital content includes customizable forms from the book.

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