I Ate My Homework: Easy Recipes for College Students

Kendall Purser



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Truth be told, most college students do not eat correctly. This can be for various reasons, finances, time, or the inability to cook. The purpose of this book is to give students a resource for inexpensive, nutritional recipes that are easy to make. I have also included tips for shopping, food preparation, and even a section for the "complete beginner." While these tips do not guarantee success, they will help the average college student find their way through the kitchen and the grocery store. If you are an experienced cook and are on the hunt for quick and easy recipes, you will not be disappointed. Don't forget to check out the "Preparation" section for tips on how to cut time in the kitchen and plan out meals. The 30+ recipes included in this book have little to no preparation time and most can be ready and served in under thirty minutes. They were also selected because they can be purchased for pennies on the dollar and taste great!

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