



# **The Healthy Renegade Pastor: Abandoning Average in Your Health and Wellness**

*Nelson Searcy, Steve Reynolds, Jennifer Dykes Henson*

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Over the course of our years as church leaders, too many of us have sacrificed our health and well-being on the alter of ministry. We have lost the vibrancy - and the waistlines - we once had, opting instead for the poor, counterfeit version of health that has become acceptable - and average - in our culture.

As men and women who have committed our lives to serving God, we seem to be neglecting our physical well-being at an astounding rate.

Join best-selling authors Nelson Searcy, Steve Reynolds and Jennifer Dykes Henson, experienced pastors and ministry leaders, to say NO to average and reclaim the vitality of your health and wellness. The next move is yours.

Are you ready to go renegade?

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