Counseling Children and Adolescents, Third Edition

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This highly practical new edition of "Counseling Children and Adolescents" combines innovative techniques with solid theory for helping children. It is a developmental approach with major revisions in all chapters. The new chapter on counseling culturally and ethnically diverse youth shows how to develop cultural, ethnic, and racial self-awareness as a counselor. The book offers a plan for designing a developmental counseling curriculum from primary grades through high school. It presents empirically based strategies and shows how to assess needs and design helpful interventions. Play therapy, brief counseling, rational - emotional therapy, small group counseling, working with at-risk youth, and working with parents are all part of this text. The rich experiences of the authors as both practitioners and clinicians, in addition to being counselor educators, bring a wide array of innovations and creative techniques to this new volume.



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