Inspirational Books: HAPPINESS STARTS WITH A THOUGHT-Volume 2 (100 Happy Thoughts/Motivational Quotes to Live By)

Sally Huss



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If you like what the Dali Lama, Deepak Chopra, Omraam Mikhael Aivanhov, Jack Canfield, Alan Watts, Wayne Dyer, and Louise Haysay about happiness, you'll love the inspirational thoughts in HAPPINESS STARTS WITH A THOUGHT (Volume 2)!

The power of thought, when harnessed in the direction of happiness, can change a day or a life. This book offers 100 happy thoughts to contemplate or just bring a smile. Some are deep, some light, but all have a positive and encouraging message.

These happy thoughts have been culled **from the author's King Features syndicated panel HAPPY MUSINGS.**

They will brighten any day. There are 100 days' worth. You might want to swallow one a day, as you would a box of chocolates in order to savor their message.

* **Everyone needs a lift** today and sometimes the right thought can change a negative state into a positive one.

* These thoughts make up a philosophy that everyone can relate to and be inspired by. Jump in and smile.

* 100 thoughts to warm your heart and help give meaning to your life.

* Dotted with bright, colorful, and happy illustrations by Sally Huss.

Thoughts and happiness go hand in hand when the thought sheds light to brighten the heart. Enjoy!

About the Author:

As a King Features syndicated author, Ms. Huss has been creating positive and inspirational messages, called **"Happy Musings"**, for newspapers in the U.S. and Canada for many years. This has led to her writing and illustrating a great number of **uplifting books for both adults and children**. Along with her writing and illustrating, she has created collections of wallpaper for children, baby bibs, t-shirts and a vast number of prints and original art for children's rooms.

Here are some of Sally Huss' other books:

For Adults:

The Importance of Living Happy: 30 Ways to do it (http://amzn.to/zmd2QA

Eight Golden Rules for How to Play Your Best Tennis (Endorsed by Billie Jean King, Dick Enberg, Mary Carillo) http://amzn.to/uqQYYx

Love Ladies League Tennis (Best Strategies and Attitude for Ladies Doubles Play) http://amzn.to/1dTwP4J

The Perfect Diet for Movie Stars and You (A New Way of Looking at Food and Diet) http://amzn.to/OdwPR5

How to Get You're your Man -- The Slam-Dunk Formula to Getting the Love of Your Life http://amzn.to/N2DqRo

For Children:

Everything Has a Heart (The Importance of Love and Kindness) http://amzn.to/1gzqhA9

The Very Little Monster (The Importance of Kindness and Facing Fears) http://amzn.to/liPCMp7

Gator Eggs (About Sowing and Reaping) http://amzn.to/1devwBk

Everyone Has a Mother (Appreciating Mothers) http://amzn.to/1mCMUmA

A Boat Full of Animals (Fun Exercises to Develop Good Habit and Core Values) http://amzn.to/1hycrxl

The Secret (The Importance of Saying "Please") http://amzn.to/RUHto5

A Mermaid Tea Party (The Importance of Kindness and Manners) http://amzn.to/L04JrH

The Little Leprechaun Who Loved Yellow (The Importance of Following Your Heart) http://amzn.to/KQHC1K

Children of the World (About Multicultural Children and Numbers) http://amzn.to/zhokeG

Little Baby Bobby Goes to the Zoo (The Importance of Understanding "NO!") http://amzn.to/KaXzQQ

How the Cow Jumped Over the Moon (The Importance of Trying Something New) http://amzn.to/N2CT1K

A to Z Animal Games (Learning Games to Develop 26 Good Habits) http://amzn.to/Mb4z3Y

Little Lonely Leigh (The Importance of Believing in Yourself) http://amzn.to/MgYKxR

Eight Golden Rules for How to Play Your Best Tennis (The Importance of Playing Happy and Other Strategies, Endorsed by Billie Jean King, Dick Enberg, Mary Carillo) http://amzn.to/uqQYYx

Mr. Consequences Says 'No' to Strangers (The Importance of Making Good Choices) http://amzn.to/N2Eipk

Lulu Little Gets Smart (The Importance of Learning from Mistakes) http://amzn.to/LSFib5

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Veronica Lopez:

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