



# Are You Up for The Challenge?

*Rod Hairston*

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## **Are You Up for The Challenge?** Rod Hairston

6 Innovative Steps to Lasting Change...Starting Now, Not Someday. Are You Up For The Challenge? is about working with your unconscious mind in order to create lasting change in your life. Is there any area of your life that you want to change? Have you ever tried to make the change before, and not succeeded? Chances are that you've been working against your conscious mind. It's time to take charge and create that change that you want in your life.

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